

TECHNICAL DATA SHEET

Arnica Oli Massage Oil

1. Product Description

Arnica Oli Massage Oil is a soothing, therapeutic massage oil infused with **Arnica extract**, known for its natural anti-inflammatory and muscle-soothing properties. It provides effective relief for tired, stiff, or aching muscles, while nourishing the skin with a silky-smooth finish. Ideal for both professional massage therapists and at-home use.

2. Applications

- Muscle and joint relief massages
- Sports and recovery massage treatments
- General body relaxation and therapeutic massages
- Ideal for spas, physiotherapy clinics, salons, and home use

3. Product Features

- Enriched with **Arnica montana extract**
- Helps relieve muscle tension, bruising, and stiffness
- Smooth-glide formula — ideal for extended massage sessions
- Absorbs well without leaving a greasy residue
- Contains skin-nourishing oils (e.g. grapeseed, almond, sunflower)
- Light, calming herbal fragrance

4. Typical Properties

Property	Specification
Appearance	Clear to pale yellow liquid
Odour	Mild herbal (Arnica-based)
pH	Not applicable (oil-based)
Viscosity (25°C)	Medium viscosity for massage application
Density (25°C)	0.90 – 0.94 g/cm ³
Solubility	Insoluble in water



062 352 2368



thulekafactory@gmail.com



50 robyn street,
Jukskeipark



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5. Directions for Use

1. Warm a small amount of **Arnica Oli Massage Oil** between the hands.
2. Apply directly to clean, dry skin.
3. Massage gently into affected or target areas until absorbed.
4. Reapply as needed for prolonged massage sessions.

Note: For external use only.
Do not use on open wounds
or broken skin.

6. Storage & Handling

- Store in a cool, dry place away from direct sunlight
- Always close the cap tightly after use
- Do not expose to heat or flames
- Keep out of reach of children

7. Packaging

Available in:

- 100ml and 250ml bottles (flip-top or pump)
- 1L and 5L bulk containers for spa/professional use
- Custom labelling and fragrance options available on request

8. Safety & First Aid

- **Skin Contact:** Safe for use; discontinue if irritation occurs
- **Eye Contact:** Rinse thoroughly with clean water if contact occurs
- **Ingestion:** Not intended for consumption — seek medical attention if swallowed
- **Inhalation:** Not hazardous under normal use



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